Senior Nutrition Client Menu

SE OHIO FOODBANK
A HAPCAP PROGRAM

NOVEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
02	**03**	**04**	**05**	**06**
Swiss Chicken Casserole, Cooked Carrots, Capri Blend, Mixed Fruit, Bread, Margarine	Soup Beans with Ham, Brussel Sprouts, Diced Pears, Corn Bread, Crackers, Margarine	Swedish Meatballs in Gravy, Peas, Sweet Potato Cubes, Pineapple, Bread, Margarine	Sloppy Joe, Potato Wedges, Cole Slaw, Canteloupe, Bun, Ketchup	Chicken Cesar Salad, Cottage Cheese, Pineapple, Salad Crackers, Banana Bread, Margarine, Cesar Dressing
09	**10**	**11**	**12**	**13**
Sliced Ham Steak, Augratin Potatoes, Cauliflower, Sliced Apples, Roll, Margarine	Breakfast Bowl, Fresh Orange, Tomato Juice, Pumpkin Bread, Margarine	Spaghetti, California Blend, Peas, Mandarin Oranges, Garlic Knot	Hot Dog, Baked Beans, Capri Blend, Tropical Fruit, Hot Dog Bun, Ketchup/Mustard	Chicken Philly, Pepper, Onion, Mushrooms, French Fries, Apricots, Sub Bun
16	**17**	**18**	**19**	**20**
Cheeseburger, Green Beans, Potato Wedges, Mandarin Oranges, Bun, Ketchup/Mustard	Chicken Pot Pie, Applesauce, Broccoli, Bread, Margarine	Beef and Noodles, Mashed Potatoes, Carrots, Diced Peaches, Bread, Margarine	Sausage Gravy and Biscuit, Hash Brown, Tomato Juice, Fresh Orange,	Pork Chop with Gravy, Loaded Mashed Potatoes, Peas, Fresh Canteloupe, Bread, Margarine
23	**24**	**25**	**26**	**27**
BBQ Ribette, French Fries, Broccoli, Tropical Fruit, Sub Bun	Cranberry Chicken, Corn, Mashed Potatoes, Mandarin Oranges, Bread, Margarine	Pizza Burger, Sweet Potato Cubes, Capri Blend, Diced Peaches, Bun	Turkey and Dressing, Mashed Potatoes, Green Beans, Fruit Salad, Pumpkin Pie, Cranberry Sauce	Salisbury Steak, Sweet Potato Cubes, Carrots, Applesauce, Rol, Margarine
30	01	02	03	04
Pancakes, Sausage, Hash Brown, Fresh Orange, Tomato Juice, Margarine, Syrup, Ketchup				
07	08	09	**Questions About Meals? Call To Reserve Or Cancel Your Meal By 8 A.M. The Day Of The Meal At 1-800-385-6813 Ext. 2217**	**All Meals Served with 1 cup of 1% White Milk** **This institution is an equal opportunity provider.** *Meals Subject To Change*