

Senior Nutrition Client Menu



2026

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	01	02
			Blueberry Pancakes, Sausage Links, Hash Brown, Fresh Orange, Tomato Juice	Chicken Parmesan , Baked Sweet Potato , Steamed Broccoli, Applesauce
05	06	07	08	09
Sweet Italian Sausage, Onions, Bell Peppers, Sauerkraut, Mixed Fruit, Hot Dog Bun	Creamed Chicken over Biscuit, Sweet Potato Cubes, Italian Blend, Applesauce	Chicken and Noodles, Mashed Potatoes, Mixed Veggie, Cantaloupe	Beef and Bean Chili, Tator Tots, Tropical Fruit, Corn Bread, Crackers, Margarine	Honey Mustard Chicken, Potato Wedges, California Blend, Pineapple, Bread, Cookie
12	13	14	15	16
Baked Steak, Mashed Potatoes, Green Beans, Mixed Fruit, Bread, Margarine	Pierogies and Polish Sausage, Sauerkraut, Onion, Bell Peppers, Warm Cinnamon Apples	Beef Stroganoff, Sweet Potato Cubes, Capri Blend, Peaches, Muffin	Marry Me Chicken, Baked Sweet Potato, Green Beans, Juice, Roll Graham Crackers Margarine	Roast Beef and Gravy, Mashed Potatoes, Capri Blend, Fresh Cantaloupe, Roll, Margarine
19	20	21	22	23
Salisbury Steak, Mashed Potatoes, California Blend, Diced Pears, Roll, Margarine	Boneless Chicken Wings, Potato Wedges, Corn, Diced Peaches, Bread, Margarine	Chili and Cheese over Spaghetti, Green Beans, Tropical Fruit, Bread, Margarine	Cheese Ravioli, Italian Blend, Mandarin Oranges, Bread, Margarine	Chicken Bacon Ranch Pasta, Peas and Carrots, Broccoli, Pineapple, Bread, Margarine
26	27	28	29	30
Swiss Chicken Casserole, Scalloped Potatoes, Fresh Brussel Sprouts, Diced Peaches, Cookie	French Onion Pork Chop, Sweet Potato Tots, Cole Slaw, Warm Cinnamon Peaches, Bread, Margarine	Chicken Tender Bowl, Mashed Potatoes, Corn, Apricots, Bread, Margarine	Green Beans Ham and Potatoes, Diced Pears, Roll, Margarine	Sausage Gravy, Egg, Cheese, Diced Potatoes, Fresh Orange, Tomato Juice, Pumpkin Bread, Margarine
02	03	04	Questions About Meals? Call To Reserve Or Cancel Your Meal By 8 A.M. The Day Of The Meal At 1-800- 385-6813 Ext. 2217	
			All Meals Served with 1 cup of 1% White Milk This institution is an equal opportunity provider. <i>Meals Subject To Change</i>	