

**Meals On Wheels
Choice Meal Order Form**



Route: _____

Month: _____

Delivery Days: _____

NAME _____

Chef Salad Meal

Salad With Lettuce,
Tomato,
Carrots, Cabbage,
Cucumber, Egg & Cheese,
Imitation Bacon Bits,
Turkey, Ham, Fruit, Juice,
Crackers, Cookie, Salad
Dressing, 1 % White Milk

Vegetarian Salad

Salad With Lettuce, To-
mato, Carrots, Cabbage,
Cucumber, Egg & Cheese,
Imitation
Bacon Bits, Black Beans,
Fruit, Juice, Crackers,
Cookie,
Salad Dressing, 1 % White
Milk

**Loaded Baked
Potato Meal**

Large Hot Baked Potato,
Imitation Bacon Bits,
Diced Turkey Ham,
Cheese, Broccoli, Fruit,
Cookie, Dinner Roll
Butter & Sour Cream, 1 %
Milk

Breakfast Meal

Sausage, Egg & Cheese
Biscuit, Hashbrown
Patty, Fruit Cup, Fruit
Juice, Cookie, Ketchup,
1 % Milk

Please put a check beside which meal you would like to replace your regular meal for that day. Choose as many days as you would like!

Please return this form to your driver in order for your meal to be substituted.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____
6	7	8	9	10
Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____
13	14	15	16	17
Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____
20	21	22	23	24
Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	
27	28	29	30	31
		Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____	Chef Salad _____ Veg. Salad _____ Potato _____ Breakfast _____