



Head Start / Early Head Start News May 2019

Summer is Coming!



Early Head Start families have the privilege of receiving services year round but for Head Start families, May means the end of our program year. Whether your child is headed to kindergarten or coming back to Head Start, learning doesn't need to stop during the summer break. Remember, YOU are your child's first and most important teacher. Make the most of your summer break.

Here are some ideas for summer enrichment.

- Some of our centers offer a 4 week summer camp for a limited number of children. At summer camp, children spend lots of times outdoors learning first hand about nature, taking field trips to explore their community and reading books. Check with your center coordinator to see if your center is able to offer summer camp.
- Don't forget your local library. Check to see what summer programs are offered. Visit often, check out books, and read, read, read! Books can take you around the corner and around the world.
- Visit your local parks to enhance your child's physical development. Plan time for running, climbing, swinging, playing ball, digging in dirt and playing outdoor games.
- Try some new foods. Summer is the ideal time to taste new fruits and vegetables. You might want to try growing your own. If you don't have a garden space, try container gardening. Children are more likely to taste fresh veggies if they participate in planting, growing and harvesting them.
- Limit screen time. TV, video games and the internet offer lots of educational programs but be sure to limit your child's time in front of a screen. Follow-up these activities with discussions. Then turn off the screen, go outside and MOVE!

Hocking Athens Perry Community Action

Head Start and Early Head Start

Head Start is a federally funded, comprehensive school readiness program.

Our school readiness goals are aligned to the Head Start Early Learning Outcomes

Framework:

Birth to Five, Ohio Early Learning Standards and Local School Expectations.

Our school readiness plan

includes children ready to learn, families as life-long educators and supportive communities.



DID YOU KNOW???

The HAPCAP website has a variety of information about our agency.

Check out your center's page on Facebook..



HOCKING • ATHENS • PERRY
COMMUNITY ACTION
740-767-4500 www.hapcap.org

Check out your center's news on page 3.

Summer Opportunities

During your Summer Fun ...remember to Rhyme

As in the past, our lowest area of progress, program wide was phonological awareness. Here's some tips for helping your child progress in this area:

Infants: Repeat the sounds your child makes. When she/he coos, coo back at her. Imitate the funny sounds she /he makes. Even though your child is young, you can talk about the sounds in the environment, "Oh, I hear a bird."

Toddlers: Read rhyming books like Dr. Seuss. Visit the library and ask what's new in picture books that rhyme.

Three Year Olds: Rhyme your child's name and other people's name. "Are you ready to go, Joe?...Here's your sandwich, Belle my little dell."

Four Year Olds: Play I Spy Rhyme: "I spy something green and it rhymes with brass." (grass) "I spy something to eat and it rhymes with ties." (fries) Ask your child to take the lead in the I Spy game.

Five Year Olds: Your child is headed towards Kindergarten so turn it up a notch. Besides rhymes, comment on words that begin with the same sound and make a game of it. For example, "Let's think of all the animals that start with the 'mmmmm' sound."

***Phonological Awareness deals with the sounds in words and is the beginning of reading success. Have fun with it!

The Big Three for Summer

Stay Safe Keep your children and yourself safe. Have fun, learn a bunch but stay safe. We want your child to enter kindergarten or return to school healthy and happy.

Keep Moving Summer is the perfect time for physical development. Have fun with your child. Run races, climb, throw, jump, hop, swim, splash. Get those muscles moving and growing.

Read Read Read!!! Whatever you do, wherever you go, take along some books. Read to and with your child. Talk about the pictures, predict what will happen, make up different endings. Find words that rhyme, listen for beginning and ending sounds. You can widen your world tremendously through books. And there's nothing better to get your child ready for school and life.

**REMEMBER YOUR LAST ACTIVITY CALENDARS AND READING LOGS FOR IN-KIND
WE STILL NEED YOUR HELP.**



Classroom news from Miss Ashley & Miss Julie

Next parent meeting is Monday May 6th @ 3:00 P.M. Julie will be going over car seat safety, and checking to make sure they are properly installed. A light snack will be served.

Reading logs!

Please remember to TURN IN your child's reading log by the last day of school!

Important Dates!

- 5/1- Circleville Library
- 5/3- Laurelville Library
- 5/9- Kid Palooza
- 5/10- Mothers Day Picnic
- 5/13- Ash Cave
- 5/20- Mingo Park
- 5/22- Walking to LJ's for ice cream
- 5/23- Graduation 11AM

Recruitment:

We will start getting ready for re-enrollments soon. We have many children going to Kindergarten this year. If you know of any 3-4 year old children looking for services, please give them our number 740-332-1377 or take an application for them to fill out. We appreciate your help in making our program a success as we start enrolling for the 2019-2020 school year!

Happy Birthday!
Makenzy Hedges



Hard to believe May is here and another school year is ending. We have enjoyed working with your children and they each hold a special place in our hearts. We want to thank you for entrusting us to your precious babies. Please feel free to stop in and visit next school year to those of you moving on. If you are returning we will be contacting you in early August to set up our first home visit. Have a safe and happy summer!