

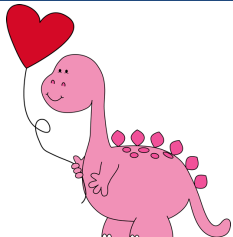


Senior Nutrition Menu



February

2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL MEALS ARE SERVED	WITH 1% MILK			
<p>Questions about Meals? Call to Reserve or Cancel Your Meal by 8 A.M. the day of 1-800-385-6813 ext. 2217</p>	<p>Did you know you can call ahead to reserve a "Choice Meal" of A Salad or Baked Potato Meal, instead of the meal served? Call 1-800-385-6813 ext 2217 or tell your Site Aide or Driver</p>			
3	4	5	6	7
<p>Country Fried Chicken With Gravy Mashed Potatoes Broccoli Peaches Whole Wheat Roll</p>	<p>Breaded Chicken Strips Green Beans Au Gratin Potatoes Pears Whole Wheat Bread</p>	<p>Beef & Noodles Baked Potato Carrots Applesauce Whole Wheat Roll</p>	<p>Swiss Steak With Onions Warm Apple Crisp Seasoned Cabbage Grape Juice Whole Wheat Bread Graham Crackers</p>	<p>Roast Pork With Gravy Mashed Sweet Potatoes Roasted Cauliflower Pineapple Whole Wheat Roll</p>
10	11	12	13	14
<p>Spaghetti With Meatballs Italian Blend Cinnamon Applesauce Grape Juice Garlic Toast</p>	<p>Chicken Legs Oven Roasted Ranch Potatoes Garden Blend Veggies Mixed Fruit Whole Wheat Bread</p>	<p>Chicken With Honey Mustard Sauce Over Rice Parmesan Brussel Sprouts Potato Salad Fresh Apple Whole Wheat Bread</p>	<p>Roast Beef With Gravy Mashed Potatoes Seasoned Spinach Strawberries Whole Wheat Bread White Cake</p>	<p>Sliced Turkey & Gravy Over Stuffing Green Beans Baked Sweet Potato LS V-8 Juice Whole Wheat Roll</p>
17	18	19	20	21
<p><u>Closed For Holiday</u> <u>No Deliveries</u> Brown Sugar Baked Ham Parsley Potatoes Green Beans Almondine Pineapple Cornbread</p>	<p>Sloppy Joe On Bun Creamy Broccoli Soup Apple Juice Tropical Fruit Crackers</p>	<p>Goulash Carrots Warm Cinnamon Apples Garden Salad Garlic Breadstick</p>	<p>Farmers Skillet Breakfast With Eggs, Sausage, Peppers & Onions Home Fries Orange Juice Biscuit</p>	<p>Mac & Cheese Stewed Tomatoes Peas & Carrots Mixed Fruit Garlic Breadstick</p>
24	25	26	27	28
<p>Smoked Sausage On Bun Lima Beans & Corn Sauerkraut, Peaches, Graham Crackers</p>	<p>Chicken Pot Pie With Mixed Vegetables Mashed Potatoes Apricots Whole Wheat Bread</p>	<p>Hot Roast Beef & Cheddar Sandwich Potato Wedges LS V-8 Juice Pears</p>	<p>Country Fried Pork With Gravy Baked Potato, Broccoli Applesauce Whole Wheat Roll</p>	<p>Chicken Stir Fry Over Rice Oriental Vegetable Blend Pineapple Fortune Cookie</p>